

HALIFAX metro®



Putin the Russians in their place: Canada grabs gold in nailbiter on home ice

After squandering four-goal lead, hosts hold on to edge out rivals 5-4 in final — earning their first world juniors win since 2009 **PAGE 17**

Suspension not enough: Protesters

Dalhousie University. President not ruling out possibility of expulsion but said school must follow fair, just process

STEPHANIE TAYLOR

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Dalhousie University's decision to suspend 13 male dentistry students who allegedly belonged to a controversial Facebook group from all clinical activities has incited anger with some on campus.

President Richard Florizone, accompanied by the dean of the faculty of dentistry, Thomas Boran, announced the suspension Monday, which was originally decided on Dec. 22.

"The comments made in the Facebook group by some of our fourth-year male dentistry stu-



Dalhousie president Richard Florizone
JEFF HARPER/METRO

dents were deeply offensive, degrading to women and entirely unacceptable," Florizone said during a press conference.

The decision to suspend the men from all clinical activities is part of an ongoing investigation into the incident, and was reached due to their obvious lack of professionalism, Florizone said.

Students belonging to the Facebook group Class of DDS 2015 Gentlemen's Club had allegedly posted a series of sexually violent comments against women, including a poll of female classmates they'd like to have "hate" sex with and jokes of drugging women.

Florizone said these students will not be able to graduate while they are suspended, but did not specify the length of the suspension, only saying

the matter is under review by an internal committee, and will coincide with the ongoing restorative justice process.

But suspension is not enough, says Rach Klein, who was one of more than a hundred students and community members who participated in a protest following the announcement on the Dalhousie campus, calling for the men to be expelled, not merely suspended.

"No one who thinks rape is funny should have access to sedatives.... We're supposed to be a place of higher education and (those students) have no place getting in the way of that," she said.

Florizone said he's not ruling out the possibility of expulsion, but emphasized university administration must follow a fair and just process to determine the proper course of action.

However, Jennifer Nowoselski, vice-president internal of Dalhousie Student Union, believes those policies are outdated, saying it doesn't protect students from sexual discrimination.

"It's the base minimum of what the university could do in this situation," she said.

More coverage, page 4



Protestors gather in front of the Henry Hicks building at Dalhousie University on Monday to voice their displeasure at the school's handling of 13 male dentistry students who were allegedly part of a controversial Facebook group. JEFF HARPER/METRO

Quoted

"What is it going to take for action on this campus?"

Jennifer Nowoselski, vice-president internal of Dalhousie Student Union



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Quinpool Road

Armed man wanted by police after gas station clerk robbed

Halifax Regional Police are looking for a man they consider armed and dangerous in relation to a gas station robbery in the city last week.

Officers were called to the Petro Canada at 6389 Quinpool Rd. in Halifax just before 5 p.m. on Jan. 1



Shane Robinson
HANDOUT

after a man allegedly walked into the business, showed a knife to the clerk and demanded cash and cigarettes.

The suspect fled on foot with an undisclosed amount of money and cigarettes.

Shane Thomas Robinson, a 23-year-old with no fixed address, was charged on Tuesday with robbery, possession of a weapon for a dangerous purpose and disguise with intent.

He is described as white, six feet tall, 180 pounds, with short red hair and blue eyes. He also has a tattoo of a red star on the right side of his neck.

Police believe Robinson is still in Halifax and that he should be considered armed and dangerous.

"That knife has not been recovered, so he may still be carrying it," said police spokesman Const. Pierre Bourdages.

The public is warned not to approach the man, but if they see him or know of his whereabouts, to contact police or call 911. **PHILIP CROUCHER/METRO**

Dartmouth

Suspect sought in convenience store robbery

Police in Halifax are looking for a man who brandished a knife during a robbery at a Dartmouth convenience store.

The robbery happened at the Needs located in Highfield Park on Sunday around 7:30 p.m.

Police describe the suspect as a white man in his mid-30s who is tall with a thin build and has blue eyes. Besides a hoodie, he was also wearing a black jacket. **METRO**

Warmer, wetter winter so far

Mercury dropping.

But cold snap has arrived after balmy December — for this week, anyway



RUTH DAVENPORT
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Weather predictions are always a bit of a crapshoot in the Maritimes, but Environment Canada's call for a warmer and wetter winter than normal is, so far, right on the money.

Figures recorded at Halifax Stanfield International Airport show 275 millimetres of rain fell in December, compared to the normal 101.8 mm.

Although the snowfall was significantly lower than normal — three centimetres compared to 45 cm normally — Environment Canada meteorologist Tracey Talbot said that didn't offset the whopping increase in rain.

"We're talking, in terms of total precipitation compared to normal, about 190 per cent," she said. "So almost double."

The average temperature for the month was also 2.8 C above normal.

"That's a pretty good-sized difference, and that's pretty much across the whole province, it was like that," said Talbot.

A weekend storm system brought about 13 centimetres of snow and 14 millimetres of rain to the Halifax region. Talbot said other parts of the province received between



A pedestrian walks by a festive window painting on Argyle Street last month. **JEFF HARPER/METRO**

Time to bundle up

- The milder temperatures are forecast to be a thing of the past for the rest of the week as a cold front moves in.
- On Tuesday, temperatures will hit a high of only -13 C, which is -26 C when you include wind chill.

nine and 16 centimetres of snow and up to 31 mm of rain.

It's all a far cry from the same time last year, when total precipitation for December 2013 was well above nor-

mal, thanks primarily to more than 80 centimetres of snow.

The average temperature was also significantly colder than normal, at -4.2 C compared to 0.5 C.

Talbot said there's no major climate events underway that would explain the bump in temperature and rainfall this year — and no indication that the trend would continue through January and February.

"We started off with this warm air right now, but as per what is typical of being here in the Maritimes, in behind these systems, you get a big rush of cold air," she said.

"So that's where we're going to be the next few days, at least."

On the roads. Hundreds of vehicles ticketed, some towed over parking ban

More than 200 vehicles were ticketed and a handful towed on the first night that HRM's winter parking ban was enforced.

The ban was activated Sunday night after a winter storm system brought snow, ice pellets and heavy rain to Halifax. It has now been lifted until further notice.

City spokeswoman Jennifer Stewart said at least 233 tickets were handed out and nine towed between 1 a.m. and 6 a.m. Monday.

Although the ban is in effect until March 31, it is only enforced between 1 a.m. and 6 a.m. during declared snow and ice events.

RUTH DAVENPORT/METRO



A line of cars is shown in this file photo. More than 200 vehicles were ticketed and a handful towed on the first night that HRM's winter parking ban was enforced. **RUTH DAVENPORT/METRO**

How low will they go?

Expert analysis. One industry watcher says gas prices likely won't be much over \$1 a litre for the next year or more



RUTH DAVENPORT
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An oil and gas industry watcher in Atlantic Canada is predicting gas prices will drop below 90 cents a litre before the current slide stops — though he says it could be a long time before prices top the dollar-a-litre mark again.

"Under a dollar for at least a couple of months, but certainly hanging around the dollar for the next year and it certainly seems like we're being set up right into 2016," said George Murphy, who writes the consumer-oriented blog Gas and Oil.

Regular self-serve is currently selling for \$0.943 in Halifax, the lowest price since May 2009.

Murphy said the market appeared to have stabilized over the Christmas break, but he said the "arse fell out of the market" on Monday, driving the price of West Texas Intermediate crude oil below \$50 US a barrel and setting the stage for another plunge in local gas prices.

"You're hearing more and more disturbing economic news coming out of Europe today, the likelihood of a

Quoted

"People may be best to take that money and invest it wisely, and enjoy the savings, but keep conserving because anything can happen."

George Murphy

Greek default again ... Chinese manufacturing is down, Japan is in recession, Venezuela is in recession," he said. "Things are not well with the world."

The lowest price since regulation was implemented in July 2006 occurred in December 2008, when prices plunged to \$0.696 for a two-week period.

They hadn't fallen below \$1 per litre since August 2010.

Although the low prices are the product of global disarray, Murphy said they could be good news for the Canadian economy.

"From a consumer perspective, we can at least afford (gas) again and maybe help keep our own economies going," he said, citing an RBC report released Monday that suggested lower gas prices could boost consumer spending.

"We're able to take that extra \$10 or \$15 or whatever and spend it ... or put it on our debt."

For more on the RBC report, see page 11.



Motorists fill up on gas at the Kearney Lake Road Esso on Monday. JEFF HARPER/METRO

Readers have their say

Metro Halifax asked readers via Facebook to tell us what kind of car they drive and how much they're paying for gas now compared to the summer, when gas prices hovered between \$1.30 and \$1.40 a litre. Here's a sampling of the responses:

- **Gary Brinton:** "As a commercial photographer who travels everywhere daily ...



METRO FILE

I drive a v6 Ford Flex and 4 months ago it cost us 90 bucks to fill up from almost

empty. I filled up a week ago and it came to 62 bucks! It really almost gave me a heart attack to think there was that much difference!"

- **Theresa Turnbull:** "2003 Toyota Echo ... paid 33 bucks to fill it up from almost empty ... summertime I was ranging 55 to 60 bucks a fill. I am constantly on the road inner-city driving ... its amazing the mileage I get from a tank and it's good it's so low now."

- **Nahneen Rheed:** "It cost me \$67 to fill my 2010 Toyota Matrix XR. We had to hard-core budget in the summer to go anywhere outside city limits. Now its only costing us \$35 to fill her up!!! Makes a huge difference for a family of four!"

All aboard for Manuary as QEII joins campaign

Following in the facial-hair footsteps of campaigns like Movember, staff and patients at the QEII Health Sciences Centre are hoping Haligonians get serious about their beards this month.

For the second year in a row, the QEII is raising funds for Manuary, a yearly event where men shave their face at the beginning of January and attempt to grow a full beard over the next few weeks to bring an awareness of head and neck cancer.

According to a release, the committee raised more than \$29,000 for its inaugural campaign in 2014, earning Halifax the title of top fundraising city



Peter Stoffer METRO FILE

in Canada.

This year, the hospital wants to surpass a new goal of

\$30,000, and not only keep its reigning title but also win the "Coast to Coast Challenge" (a pool of funds people across the country are each contributing \$5 towards), with a jackpot of \$25,000 to add to fund-raising efforts.

Peter Stoffer, NDP MP for Sackville-Eastern Shore, has signed on as a celebrity ambassador for the Halifax campaign, so he could soon be seen sporting a beard to go with his ever-present moustache.

All funds will stay in Halifax and support head and neck cancer research as well as patient care at the QEII, the release said. **HALEY RYAN/METRO**

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Fate of dentistry students still undecided, dean says

Expulsion still an option. Facebook scandal has 'rocked' department, says dean of dentistry

STEPHANIE TAYLOR

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Dalhousie University's dean of dentistry says the future remains uncertain for 13 male dentistry students who were suspended from all clinical activities over misogynistic comments posted in a Facebook group.

Thomas Boran told reporters on Monday that suspending the group of fourth-year students is only the first step in repairing the damage done by the incident, which "has rocked our administration."

"This Facebook incident clearly shows we have a lot



Dr. Thomas Boran, Dean of the Faculty of Dentistry
JEFF HARPER/METRO

Still to come

Decisions about fourth-year dentistry classes and the rescheduling of fourth-year exams at Dalhousie University will be made later this week.

of work to do," he said during a press conference Monday, where he was joined by university president Richard Florizone to announce the men's suspension, which commenced on Dec. 22.

Boran said suspending the students' clinical privileges will prevent them from graduating until it is lifted, since completing practicum hours are a mandated part of their degree.

Maintaining ethical and professional standards is paramount for all students, Boran said, adding that posting sexually violent comments online about other classmates violates the university's code of conduct.

However, the group's case is currently under review by the Faculty of Dentistry's Academic Standards Class Committee, and many details surrounding the consequences the men are facing, such as the length of their suspension, have yet to be determined.

For example, although the students are suspended from their clinical privileges, Boran said the committee will decide in the coming days if they can still attend regular classes when they resume on Jan. 12, which have



Hundreds of protesters gather in front of the Henry Hicks building at Dalhousie University on Monday. JEFF HARPER/METRO

been delayed.

Boran said one of the options is to segregate the 13 young men from the rest of the 31 students.

Due to the complexity of the incident, he explained the faulty-led academic review will take significant time to complete, saying further action can be taken besides the ongoing suspension and

Quoted

"This Facebook incident clearly shows we have a lot of work to do."

Dr. Thomas Boran, Dean of Dalhousie's Faculty of Dentistry

restorative-justice process.

Expulsion is still an option, Florizone said during the press conference.

If the students were suspended for a lengthy period of time or expelled, Boran said they would have the op-

tion to appeal the decision or even possibly attend another dentistry school.

He also expressed concerns over the high number of students who were allegedly involved in the controversial Facebook group in the relatively small faculty but refused to speculate on the impact the incident will have on their professional careers.

Announcement delayed due to self-harm threat: Florizone

Dalhousie University delayed its announcement on suspending the 13 male dentistry students involved in a controversial Facebook group due to threats of self-harm, the school's president said Monday.

Richard Florizone said they withheld news that a group of fourth-year students had their clinical privileges suspended on Dec. 22 until Monday in order to en-

sure proper support services were in place.

"We had credible reports from our front-line staff of potential self-harm and so we took those seriously," he said during a press conference Monday. "That concern of safety overrode our concern about communicating this publicly."

There is no word yet on how long the suspensions will last, but until they are

lifted, the students will not be able to graduate, Florizone said.

He explained that staff who had been working directly with the men since the beginning of the incident had reason to believe some of the students were mentally unstable and advised the university wait to publicize the decision until they all returned to Halifax.

STEPHANIE TAYLOR/METRO

Ontario dental watchdog wants names of Dalhousie 13

Ontario's licensing agency for dentists has asked Dalhousie University for the identities of 13 students involved in making violent, anti-female comments on the Internet.

So far there hasn't been a response to the regulator's Dec. 31 letter, said Irwin Fefergrad, registrar of the Royal College of Dental Surgeons of Ontario.

If the university doesn't provide a full list of names, then all students graduating this year

from Dalhousie can expect a grilling if they hope to get a licence to work in Ontario, Fefergrad said.

That means Dalhousie students will be expected to provide confirmation they are not one of the 13 students, Fefergrad said.

"There's no room in the health-care system for this," Fefergrad said. "Zero, zero, zero."

Fefergrad stressed the letter

was written by the full executive committee of the college, which administers licences for Ontario's 9,500 dentists.

"This is something that really caused great concern," Fefergrad said, stressing that moral fitness is essential for anyone applying for a dental licence in Ontario. "The conduct is deplorable," he said. "We have one responsibility, and that is to look after the public interest."

TORSTAR NEWS SERVICE

Brewdebaker's 'sudden' closure surprises customers, employees

'It's a shame.' Many fans of the restaurant take to social media to express shock, including former staff who say no prior notice was given



HALEY RYAN

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Two men got out of their truck and walked up to the Brewdebaker's Tap & Grill in Burnside before noticing a white piece of paper taped to the door.

Mitch Bryson said he was surprised to learn the Windmill Road location was closed as he stopped in on Monday afternoon, but the doors of both Brewdebaker's locations in Burnside and Clayton Park had been un-



The sign for Brewdebaker's restaurant in Burnside, one of two locations that shut down unexpectedly. JEFF HARPER/METRO

expectedly shut since New Year's Day.

"This is a hard business. It's a shame," Bryson said.

"It was a good spot to eat, had a good central location."

Many fans of Brewdebaker's took to social media

last week after the closure to voice their surprise, including former employees who stated there had been

no notice given to staff ahead of time. The restaurant's Facebook page has also been taken down.

Mike Macaulay, a manager at the Cheese Curds location in the Burnside plaza next door, said he had heard the Brewdebaker's staff came to work Jan. 1 and found the doors locked, with a paper taped up stating the restaurant was closed.

"I'm guessing they were all pretty upset. If that happened here, there would be a lot of upset people," he said.

Closing an eatery without notifying staff is not "regular at all" in the food business, Macaulay added.

Macaulay said he and the other workers were all surprised at the closure because Brewdebaker's had recently renovated and painted the outside of the building.

Owner silent so far

Mike Cormier owns both Brewdebaker's as well as the Ardmore Tea Room in Halifax. He could not be reached for comment Monday.

Gordon Stewart, executive director of the Restaurant Association of Nova Scotia, said prior notice is a "fair and reasonable thing to do" but an owner might simply shut down if they're in trouble.

"More than likely that's probably going to happen, they're just going to close the doors," he said.

Stewart said the public most often hears about restaurants closing within a few weeks, months or whenever the lease is up, but said this case seemed "sudden."

Casey expecting a fight for Liberal nomination

The man hoping to secure the federal Liberal nomination in Cumberland-Colchester-Musquodoboit Valley and unseat the incumbent has a few fights in his future.

Former Progressive Conservative and, later, Independent MP Bill Casey is hoping to make a successful return to politics as part of a new Liberal government under Leader Justin Trudeau, but first he must secure the local Liberal nomination — and it's expected at least two other candidates will contest the nomination.

In a press release to the media, Casey's camp acknowledged the expected contestation and welcomes an "open and democratic nomination process," saying it would be an honour to represent the Liberal party and the Cumberland-Colchester riding in Ottawa once again as an MP.

In that spirit, Casey is holding a meet-and-greet on Jan. 13 to share his ideas on issues like parliamentary reform, economic develop-

Quoted



"It's obvious this government has no economic development plan for Atlantic Canada."

Bill Casey

ment and leadership with residents of the constituency. He will also be seeing input from voters on issues they believe should be priorities for the next government.

"There are several reasons for my interest in re-entering politics, but the issue that has motivated me to act now is that I want to add my voice to those credible people who are raising the alarm about the declining state of our parliamentary system," Casey said in the press release.

Casey said he is particularly concerned by the continued out-migration of young people to Western Canada to seek employment.

If Casey secures the Liberal nomination, it will send

him on a collision course at the polls with incumbent MP Scott Armstrong, who entered politics after Casey retired in 2009.

Armstrong had managed Casey's successful election campaigns with the Tories in 2000 and 2004, and co-managed Casey's successful 2006 run before Casey ran and won as an Independent in 2008. Armstrong served as Casey's campaign manager then, too.

Casey retired from politics six months later to accept a job from the Nova Scotia government as the provincial Department of Intergovernmental Affairs senior representative in Ottawa, a job offered to him by former premier Rodney MacDonald.

CUMBERLAND NEWS

Neptune Theatre

Tickets now on sale for Addams Family musical

Tickets are now on sale at Neptune Theatre as Haligonians gear up to see a musical side of one of the creepiest families around this spring.

The Addams Family runs in Fountain Hall from April 7 to May 24 as Neptune Theatre's latest musical show.

Directed by the Neptune's artistic director, George Pothitos, the ghoulishly great play features Gomez, Morticia, Uncle Fester, Grandma, Wednesday, Pugsley and Lurch.

According to Neptune,

the musical follows a grown-up Wednesday as she falls in love with a man from a respectable "warm-blooded family" and has to navigate a dinner with both sets of parents.

Tickets are available at neptunetheatre.com, the Neptune box office, or by calling toll-free at 1-800-565-7345. **METRO**



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No plea. Woman charged with defrauding military centre awaits court date

A Nova Scotia woman charged with defrauding the Greenwood Military Family Resource Centre of more than \$400,000 has yet to enter a plea.

Karen Lorraine Byers, 56, and her husband Gary Wayne Byers, 57, both appeared in Kentville provincial court on Jan. 5. Judge Alan Tufts granted a request by the defence for an adjournment until Feb. 2 for election and plea.

Karen Byers is charged with defrauding the family resource centre of about \$409,950.

The offence is alleged to have occurred at 14 Wing Greenwood between Jan. 1,

Past employee

Karen Byers was employed as the business manager at the Greenwood Military Family Resource Centre for 13 years, from 1998 until 2011.

2007 and March 3, 2011.

The Byers are both charged with possessing the proceeds of crime in Harbourville between April 1, 1998 and Aug. 19, 2014. The couple is free on undertakings until their next court appearance on Feb. 2. **KENTVILLE REGISTER**

Label changes. Maple syrup grading system set to standardize industry

Changes are coming to the maple-syrup industry's grading system.

For more than 10 years, the International Maple Syrup Institute (IMSI) has been laying the groundwork for the changes, which could see some local producers revising their labelling as early as this coming season.

"I think it's all positive," said Dale McIsaac, who works on extension services with Perennia for the maple industry in Nova Scotia.

"In the short run, some producers will need to make a few changes, and some will be ready to do that this year."

Quoted

"I think it's all positive. In the short run, some producers will need to make a few changes, and some will be ready to do that this year."

Dale McIsaac, a Perennia employee who works in extension services for the maple industry

McIsaac said the changes to the system will bring consistency to grade levels across different jurisdictions.

TRURO DAILY NEWS

Hantsport, N.S.

Rob Frost resigns from town role

Rob Frost is stepping down from his position as the chief administrative officer for the Town of Hantsport.

Frost submitted his letter of resignation Dec. 29.

"Through dissolution I knew that my position was coming to an end and that I needed to look for other opportunities," said Frost.

The Town of Hantsport will become part of the Municipality of West Hants on June 30 if the Nova Scotia Utility and Review Board approves the dissolution application.

HANTS JOURNAL

White Point Beach

Resort gets RCI gold designation

White Point Beach Resort has earned the RCI Gold Crown Resort designation by RCI — one of the largest timeshare brokers in the world.

A select number of RCI affiliated resorts meet requirements for recognition and have earned the gold award for excellence in resort accommodations, hospitality and member-experience ratings as measured by RCI. White Point Beach Resort is one of about 100 RCI-affiliated resorts in Canada.

LIVERPOOL ADVANCE



A 2010 study indicated the county could lose \$10 million in wages and revenue from the closure of the Cumberland County Correctional Facility. **CUMBERLAND NEWS**

Cumberland County jail closing its doors

Decommissioned.

Offenders are being moved to other facilities until Thorburn jail opens next month

Quoted

"That facility has had a long history in our community and the jury is still out on whether or not this is going to actually save any money or be more efficient."

Amherst Mayor Robert Small about the Cumberland County Correctional Centre

The end is near for the Cumberland County Correctional Facility.

The province plans to decommission the jail later this week and move its inmates to other correctional facilities around the province until the new Northeast Nova Scotia Correctional Centre near Thorburn opens in early February.

"The facility will be decommissioned and closed by the end of this week as part of the transition to the new facility," Brian Taylor of Transportation

and Infrastructure Renewal said. "Offenders are being moved to other correctional facilities until we begin transferring offenders to the new facility in early February."

The former NDP government announced in 2010 that it was closing correctional centres in Amherst and Antigonish and building a new multimillion-dollar facility in Thorburn, near the riding of former justice minister Ross Landry.

Amherst Mayor Robert Small said knowing for several

years that the jail was closing doesn't make it any easier.

"It's been a long time coming, but it's still something that's very painful for this community and Cumberland County as a whole," the mayor said.

Following Landry's decision, Small joined with other municipal officials to protest the jail's move and support an earlier Conservative government plan to build a 50-cell facility in Springhill.

A study commissioned by the county's five municipal

units indicated in 2010 that the county could lose more than \$10 million in wages and revenue.

Small said the 25 or so jobs moving with the correctional centre will be hard to replace, adding there has been a steady stream of jobs out of the community for several years.

"Any time you lose provincial or federal jobs out of the community, it has to hurt, and we've seen a pretty steady stream of government jobs out of the town and the county for a long time," Small said.

While the mayor challenged the former NDP government to replace the jobs lost by the jail and the consolidation of the maintenance enforcement jobs in New Waterford, Small said he hasn't had a chance to talk to Liberal Premier Stephen McNeil about the matter. **CUMBERLAND NEWS**

Trial delayed for man charged in boy's death



The accident scene. **HANTS JOURNAL**

New dates will be set for the trial of a Montreal truck driver charged in connection to a crash that claimed the life of a six-year-old boy near Falmouth in the summer of 2013.

The trial, originally slated to begin in early January, has been postponed. New trial dates will be discussed in Windsor provincial court Jan. 23.

Mohammad Younus, 60, was charged with dangerous driving causing death and dangerous driving causing bodily

harm following a Highway 101 collision between the transport truck he was driving and a minivan carrying a 38-year-old woman and three children.

The collision occurred in a construction zone near the highway access ramps for Falmouth around 11:30 a.m. on July 9, 2013. It is alleged the truck Younus was driving slammed into the back of the van, which was slowly starting to move forward after traffic was at a standstill.

The six-year-old Bedford boy and an eight-year-old girl were both airlifted to the IWK Health Centre following the accident.

Younus, the driver of the minivan and a three-year-old girl were all treated for non-life-threatening injuries.

Younus, who has entered pleas of not guilty to all charges, is also accused of violating Commercial Vehicle Drivers Hours of Service regulations by entering inaccurate information. **HANTS JOURNAL**

Iraq mission. Canadian jets attacked militants on New Year's Day: Military

Canadian jets flew four attack missions against militant targets in Iraq on New Year's Day, National Defence says.

In its latest briefing on the allied air campaign against the group known as the Islamic State of Iraq and the Levant (ISIL), the military says the CF-18 strikes hit fighting positions and storage facilities.

The four jets used precision-guided munitions against their targets.

The military says its Air Task Force-Iraq had conducted 295 sorties as of the weekend.

A sortie is one flight by a single aircraft.

The CF-18 fighter-bombers had conducted 188 sorties, while the Polaris tanker from Trenton, Ont., and two Aurora surveillance planes from Greenwood, N.S., all supported by transport planes from Trenton, Ont.

The air force's Aurora reconnaissance aircraft flew 56 missions.

Approximately 600 Can-

Task force

The air force's Aurora reconnaissance aircraft flew 56 missions.

- The task force, sent out in October for a six-month mission, includes pilots and technical staff, liaison officers, command and control personnel, and medical and logistics staff.

adians are deployed in Iraq as part of the coalition force.

They include pilots and technical staff, liaison officers, command and control personnel, medical and logistics staff.

They are operating six CF-18s from Cold Lake, Alta., a Polaris tanker from Trenton, Ont., and two Aurora surveillance planes from Greenwood, N.S., all supported by transport planes from Trenton, Ont. **THE CANADIAN PRESS**

Flu season in full swing

Feeling sick? You might have the flu. Experts answer questions about viruses and vaccines

Health authorities were warning all fall that this could be a bad flu season, because of the type of virus that is most commonly infecting people and the fact that this year's flu vaccine doesn't offer optimum protection against it.

Other viruses are circulating too, adding to the general confusion about what influenza actually is and how much of the illness being seen at the moment is due to flu viruses. We asked some experts what they are seeing this flu season:

Is this year worse than other recent years?

This seems to be shaping up to be a pretty active influenza season. It started early, with a lot of virus around in December. Flu seasons that start to pick up before Christmas can take off, because the multi-generational mixing at family



A flu shot is administered in Barre, Vt., on Nov. 18, 2004.

THE CANADIAN PRESS/THE ASSOCIATED PRESS

gatherings is a perfect way to transmit influenza.

But when flu peaks over the holidays, a few factors can combine to make it seem like there is a lot of it around.

Hospitals operate with reduced staffing levels over the holidays — doctors and

nurses want time off too — so it doesn't take much to stress the system, suggests Dr. Allison McGeer. McGeer, who heads infection control at Toronto's Mount Sinai Hospital, says so far this year, influenza rates seem to be on par with last year's, though the season

peaked a little later in 2013-14. The numbers are worse than two years ago, but better than three seasons ago in terms of hospital admissions for influenza thus far, she says.

Is there something different about this flu season? Isn't there a virus circulating that isn't in the flu vaccine?

The flu shot has an H3N2 component in it. But when experts met last February to select the strains for this year's flu shot, a particular type of H3N2 was dominant. Since then, new varieties have emerged.

Even in the best years, flu vaccine doesn't offer complete protection.

So a vaccine mismatch doesn't mean these viruses are more dangerous?

In a word, no. H3N2 viruses are especially hard on a vulnerable portion of the population: older adults. And the ones circulating now are different enough that more people may be at risk of infection. But the viruses aren't inherently more dangerous.

THE CANADIAN PRESS

Illustrator sends drawings of missing women to PM

A Toronto illustrator has started drawing portraits of missing or murdered aboriginal women and plans to send a new one to Prime Minister Stephen Harper every day to bring more attention to the issue.

"Let's make it higher on his radar. Let's make it higher on everyone's radar," Evan Munday, 34, said in a telephone interview after he launched the project on Twitter Monday.

Chosen largely at random from an online RCMP database, the subject of his first portrait posted to Twitter is missing woman Elaine Frieda Alook.

The mother of four was 35 years old when she was last seen outside Fort McMurray, Alta., on May 11, 2004, when news reports say her brother dropped her off at a shopping mall.

Drawing the portrait first in pencil and then going over it with ink, Munday scanned it into electronic format at a photocopying shop and then posted it to Twitter.

He plans to start the time-consuming process anew each day.

The RCMP estimated last year that nearly 1,200 aborig-



Evan Munday's illustration of Elaine Frieda Alook. [TWITTER.COM](https://twitter.com)

inal women and girls have been murdered or gone missing in Canada in the past three decades.

"The grim thing is that I could do this and literally not run out of portraits to do for over three years, which is really kind of a staggering thought," said Munday.

Munday said the idea grew out of a similar art project he did for the 25th anniversary of the École Polytechnique massacre last month, posting to Twitter his ink-drawn portraits of the 14 women killed in Montreal on Dec. 6, 1989.

"It made me want to do something more because I

realized that people think that happened 25 years ago, but no, it's still happening every single day and it's happening especially in Canada's indigenous community," Munday said.

Munday said the "last straw" for him was when Harper said, in his year-end CBC interview with Peter Mansbridge, that a national inquiry into missing and murdered aboriginal women "isn't really high on our radar."

"The federal government seems more concerned that retail prices for books or toys are slightly higher in Canada than the fact that thousands of indigenous women have gone missing or been murdered," said Munday.

"So, not knowing how to do anything besides sort of draw, I thought maybe I could use what I did in December to try to generate some action, to use it to some kind of end rather than just a tribute," said Munday.

Munday noted that while Harper may never acknowledge the illustrations being directed to his official Twitter account, his efforts may help raise awareness among other Canadians. **TORSTAR NEWS SERVICE**

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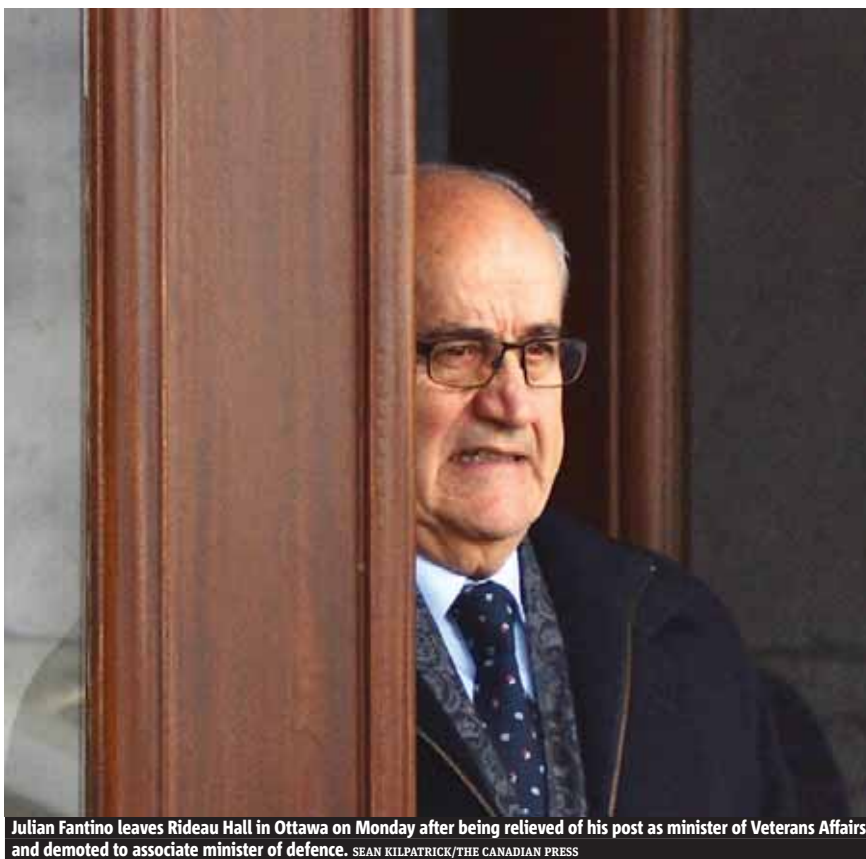
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Conservatives appoint O'Toole to Veterans Affairs; Fantino demoted



Julian Fantino leaves Rideau Hall in Ottawa on Monday after being relieved of his post as minister of Veterans Affairs and demoted to associate minister of defence. SEAN KILPATRICK/THE CANADIAN PRESS

Effective change or damage control?

Julian Fantino's term in Veterans Affairs marked by controversy, scandal

After an 18-month tenure marred by controversy, confrontation and cries of incompetence, Julian Fantino has been booted out of the Veterans Affairs portfolio and demoted to his old job as a junior minister.

In a quiet ceremony Monday at Rideau Hall, Prime Minister Stephen Harper replaced Fantino with Erin O'Toole, a southern Ontario MP and former member of the Royal Canadian Air Force who was elected to the House of Commons in a 2012 byelection.

On the night of last year's infamous televised showdown between Fantino and angry veterans, one of those sent in ahead of time to smooth the way was O'Toole. Prior to the confrontation, O'Toole, two other Conservative MPs and Fantino's chief of staff met with the group of ex-soldiers, but failed to ease the concerns of the veterans, who were upset over planned office closures.

As recounted by some who

were in the room, the encounter is instructive for the veterans community, which is wondering whether O'Toole's fresh face will actually mean a fresh approach in a department that has become a political liability for the Conservatives in the run-up to this year's election.

Fantino, a tough-talking former police chief who represents the strategically important riding of Vaughan, north of Toronto, remains at the cabinet table as associate minister of defence.

But repairing the political damage of his 18-month tenure, which was marred by controversy, confrontation and cries of incompetence, will fall to O'Toole, who has been a frequent, articulate defender of the government's policy in both the House of Commons and in the media.

A spokesman for the Royal Canadian Legion says the minister won't need extensive briefing, given that he is a veteran and has been active on the file — most notably as an organizer of a Parliament Hill event last spring meant to raise awareness of post-traumatic stress.

Others, such as Mike Blais of Canadian Veterans Advocacy, were doubtful the shuffle would allow the government

to rebuild its bridges with veterans, a political constituency important to the Conservatives.

What needs to happen is a fundamental shift in the culture of the department from an insurance company mentality to one of compassion and support, he said. "Changing the messenger will only help if the message is changed.... Appointing someone new with the same lame rhetoric is not effective change. It is damage control."

NDP Leader Tom Mulcair said O'Toole could make a fresh start by reopening the nine Veterans Affairs offices boarded up last year as part of the department's reorganization.

Liberal veterans critic Frank Valeriotte expressed some sympathy for Fantino, describing him as a "good soldier" who had to deliver the same old "sour message" from the Prime Minister's Office.

In a written statement, Fantino defended both his own record and that of the government in their treatment of ex-soldiers. "Each and every day that I served at Veteran Affairs I was guided by a firm belief that government must stand by those who have served and continue to serve," Fantino said.

THE CANADIAN PRESS

Public safety minister praises CBSA's most-wanted list

The Canada Border Services Agency's most-wanted list has helped to track down several dozen dangerous criminals since 2011, Public Safety Minister Steven Blaney said Monday.

The program led to 59 individuals being located in Canada, with 51 of them being removed from the country.

Another 17 individuals

were located abroad.

"In this past year alone, more than 30 dangerous criminals were identified and intercepted by the agency thanks to the support of the Canadian population," he told a news conference at Pierre Elliott Trudeau International Airport.

The federal minister credited Canadians who called a special border watch phone

line (1-888-502-9060) with helping the CBSA.

"If we're here, it's to thank the Canadian population for its collaboration in supporting the work of the CBSA in putting its hands on 50 dangerous criminals during the last three years," he said.

"These people represent a threat to society."

Blaney said their criminal activities have been linked to

drugs and organized crime and possibly war crimes.

He also noted that some individuals may have had a terrorist past.

"It could happen that certain of these people are involved in terrorism activities," Blaney said. "But in these cases, there's collaboration with national security agencies and the RCMP."

THE CANADIAN PRESS

In detail

About 50 individuals are still on the CBSA's wanted list and are being sought by authorities.

- Blaney also said more than 150 convicted U.S. sex offenders have been denied entry to Canada in the last

three years.

- In 2014, referrals by U.S. Customs and Border Protection involving travelling sexual offenders to Canada led to 59 instances where entry was refused at the border.

Long-term expats can't vote: Feds

The right of long-term expats to vote in federal elections goes before Ontario's top court Tuesday, as Ottawa fights a ruling that struck down part of Canadian voting laws.

Barring Canadians from voting — in this case those who have lived abroad for more than five years — is a justified restriction in a free and democratic society, the government argues.

In May last year, Ontario

Superior Court Justice Michael Penny ruled parts of the Canada Elections Act were unconstitutional. In doing so, he extended the vote to as many as one million Canadians living abroad.

Ottawa began enforcing the five-year rule under which long-term expats could only regain the right to vote by resuming residency in Canada — not by just visiting.

Two Canadians living in the

United States launched the constitutional challenge after being denied a ballot in the 2011 federal election: Montreal-born Jamie Duong, 31, of Ithaca, N.Y., and Toronto-born Gillian Frank, 36, of Princeton, N.J. Both said they have a strong attachment to Canada.

"Five years is an arbitrary limit which has no bearing on a citizen's connection to Canada," they argue in their factum. THE CANADIAN PRESS

Weather woes trouble Que. residents

Hydro-Quebec said it expected to re-establish electricity by Monday night to all the households affected by weekend power outages caused by freezing rain.

By Monday evening, about 2,500 homes were still without electricity after freezing rain on Sunday caused widespread blackouts across the province.

More than 150,000 households — primarily in the Montreal area — lost power.

Roads and sidewalks throughout eastern and northeastern Quebec remained treacherous on Monday due to snow, ice and freezing wind.

Many flights departing from and arriving at Montreal's Pierre Elliott Trudeau International Airport were delayed or cancelled Sunday night and Monday.

Quebec's Transport Department warned that visibil-

ity was close to zero on roads in the province's Rimouski and Matane regions, located northeast of Quebec City along the St. Lawrence River.

Hydro-Quebec said 2,507 households remained without power as of 5:30 p.m. Monday.

The snow and freezing rain also caused at least 100 traffic accidents, including one in which a young woman was killed. THE CANADIAN PRESS



Keeper Darren Jordan feeds llamas and alpacas during the London Zoo census Monday. KIRSTY WIGGLESWORTH/THE ASSOCIATED PRESS

Counting cubs, crocs, crawlies

London Zoo. Annual stock-taking expected to take about a week

Clipboard-carrying zookeepers coaxed, corralled and counted scores of creatures Monday, as London Zoo began an annual census of its 17,000 residents.

The zoo is home to more than 750 species, from red-kneed spiders to Sumatran tigers, and all must be accounted for. The yearly stock-taking is required under the licence terms for all British zoos.

New arrivals this year include 10 young Humboldt penguins, three tiger cubs and six baby Philippine crocodiles — the first of the reptiles ever bred in Britain.

The count is expected to take about a week. Tiny creatures such as ants and locusts are counted in colonies, but all others are recorded individually.

"You need a quick pair of eyes," said zookeeper Amy Heath as she counted a group of skittering squirrel monkeys.

"Usually an extra pair of eyes helps, but I've been counting them for quite a

Job skills

"You need a quick pair of eyes."

Zookeeper Amy Heath

few years, so I'm quite good at counting them."

Data from the count, and others around the country, will be entered into an international computer database of animal collections and used to plan zoo management and breeding programs for endangered species.

THE ASSOCIATED PRESS

Sticky New Year's treat turns deadly in Japan

At least nine people have reportedly choked to death on New Year's rice cakes in Japan, and officials are urging people to chew slowly on the treats.

Sticky rice cakes or "mochi" are an essential part of the Japanese New Year's menu. But the glutinous mochi, grilled or cooked in broth or with sweet beans, can get stuck in people's throats.

The Yomiuri newspaper reported Friday that at least 128

people were rushed to hospitals after choking on mochi, with nine dying.

The Tokyo Fire Department said Monday that 18 people were taken to city hospitals during the first three days of the year and three males died.

The department advised people to cut mochi in small pieces, chew slowly and learn first aid.

In addition to the Tokyo deaths, three people died in

Chiba prefecture, while one each died in Osaka, Aomori and Nagasaki prefectures, the newspaper reported.

In the Nagasaki case, an 80-year-old man choked on a mochi that was in sweet bean soup served for free at a Shinto shrine.

Japanese customarily visit shrines and temples to welcome the new year, and mochi, sake and other treats are sold or given out. **THE ASSOCIATED PRESS**

Cops restrain passenger on return flight from funeral

Three Utah police officers returning from the funeral of a slain New York City officer helped restrain an unruly airline passenger as the plane was diverted to Chicago.

JetBlue Airways spokeswoman Sharon A. Jones says Flight 71 landed safely at Chicago's O'Hare Airport late Sunday, and first responders

took the female passenger to a local hospital.

Jones offered no further details Monday about the flight, which departed from John F. Kennedy International Airport around 7:30 p.m. Sunday.

The Utah officers say they helped restrain the woman about an hour into the flight

when she had a medical issue and became combative.

Salt Lake County Sheriff's Sgt. Terry Wall says the flight landed in Utah about four hours late.

Chicago police say the 32-year-old woman was taken to a hospital for evaluation. No charges are pending.

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India, Pakistan

Cross-border violence kills three

Pakistani troops fired gunshots and mortar shells that killed an Indian soldier in northern Kashmir on Monday after a lull in the countries' cross-border firing, an Indian paramilitary official said. Pakistan blamed India for the violence and

said two civilians were killed by Indian shelling.

The countries often trade accusations about who is to blame for firing and shelling in the disputed region, and tensions have heightened in recent days. The Indian soldier was killed instantly when Pakistani forces opened fire in the Samba sector of the border, said D. Parekh of the Border Security Force.

THE ASSOCIATED PRESS

Norman Atlantic

Searchers look for bodies in Greek ferry fire

Italian firefighters and forensic experts searching for bodies inside a fire-damaged ferry are braving fierce heat and thick, black smoke for the third straight day.

Brindisi Coast Guard Capt. Mario Valente said Monday that searchers are trying to reach lower decks near the Norman Atlantic ferry's car deck, where a pre-dawn blaze began Dec. 28 while the ferry sailed from Greece toward Italy.

The fire has claimed at least 11 lives. Greece says as many as 19 people might be unaccounted for.

THE ASSOCIATED PRESS

San Francisco

Officers kill man holding air gun

Authorities say officers shot and killed a man near a San Francisco police station who held what appeared to be a handgun.

Police spokesman Albie Esparza says police opened fire Sunday evening after the man pulled what was

later determined to be a type of air gun.

Esparza says the 32-year-old man, who was not further identified, was hit three times and died of his wounds. The officers were uninjured. The shooting occurred after three officers noticed a man hanging around the parking lot of the Mission District police station.

THE ASSOCIATED PRESS

Indonesia's air safety scrutinized

AirAsia crash.
Weather still hampering search

Highlighting the depth of Indonesia's air-safety problems, the transportation ministry announced harsh measures Monday against everyone who allowed AirAsia Flight 8501 to take off without proper permits — including the suspension of the airport's operator and officials in the control tower.

Also, the routing permits of all airlines flying in the country will be examined to see if they are violating the rules, said Djoko Murjatmodjo, acting director general of air transportation.

"Who knows if other airlines are also doing the same thing?" he said.

The crackdown comes as searchers continue to fight bad weather while combing the Java Sea for bodies and wreckage of the Airbus A320 that crashed Dec. 28, killing all 162 passengers and crew

on board.

The plane was travelling between Surabaya, Indonesia's second-largest city, and Singapore on a Sunday. Officials have since said its permit for the popular route was only for Monday, Tuesday, Thursday and Saturday and that AirAsia quietly switched three of those days. Officials in Singapore, however, have said the plane was authorized to fly on Sundays from its end.

Applications for specific routes take into account issues including air-traffic rights and airport takeoff and landing slots.

While the airline is being investigated, Indonesia has banned all AirAsia flights between Surabaya and Singapore.

On Monday, AirAsia Indonesia President Director Sunu Widyatmoko said by text that the airline will co-operate with the government during the evaluation but would not comment on the permit allegations until the process is complete.

THE ASSOCIATED PRESS



Florida becomes 36th state to allow same-sex marriage

Catherina Pareto, left, and her partner Karla Arguello celebrate on the courthouse steps on Monday in Miami after Circuit Court Judge Sarah Zabel lifted a stay on her July ruling that Florida's same-sex marriage ban violates equal protections under the U.S. Constitution. Judge Zabel provided a jump-start to Florida's entry as the 36th state where gays and lesbians can legally marry, saying she saw no reason why same-sex couples couldn't immediately get their licences in Miami-Dade County ahead of a midnight launch statewide.

WILFREDO LEE/THE ASSOCIATED PRESS

PEGIDA. Germans protest anti-Islam movement

The square around the Cologne Cathedral was plunged into darkness Monday evening after the historical landmark in western Germany shut down its lights in a silent protest of weekly rallies in Dresden against the perceived "Islamization" of Europe.

The symbolic act came as thousands of Germans demonstrated in Cologne and several other cities against

the ongoing protests by the group calling itself Patriotic Europeans against the Islamization of the West, or PEGIDA, which attracted its biggest crowd yet in Dresden on Monday night.

Cologne Cathedral provost Norbert Feldhoff told n-tv that shutting down the lights was an attempt to make the PEGIDA demonstrators think twice about their protest.

THE ASSOCIATED PRESS

Australia. Dozens hurt, homes lost in wildfire

More than two dozen homes have been destroyed or badly damaged and almost 30 people have sought medical treatment as a result of a massive wildfire that has raged out of control for days across farms and woodland in southern Australia, officials said Monday.

Hundreds of firefighters have taken advantage of milder conditions in recent days to attempt to contain the fire, which has razed 12,500 hectares of countryside northwest of the South Australia state capital Adelaide, State Premier Jay Weatherill said.

Since the fire started Friday, 29 people have been injured or hospitalized with conditions such as a severe asthma, he said.

The only serious injury was a farmer who suffered suspected spinal injuries protecting his property, Network Ten television news reported.

THE ASSOCIATED PRESS

Kenya's president orders audit of buildings after collapse



Rescue workers look for survivors at the site of the collapsed building in the capital Nairobi, Kenya, on Monday. SAYYID AZIM/THE ASSOCIATED PRESS

Kenya's president ordered an audit of all buildings in the capital on Monday after an eight-storey residential building collapsed, killing at least two people in the city's second deadly collapse in a month caused by bad construction, officials said.

In December, eight people died when a building collapsed in Kaloleni, another lower-income area of Nairobi.

"The president is appalled that the building falls in a pattern of many structures across

the country that have been constructed without adherence to the basic laws and regulations governing housing development," said President Uhuru Kenyatta's spokesman, Manoh Esipisu.

A high demand for housing in Nairobi means some property developers often bypass building regulations to cut costs and maximize profits. The Architectural Society of Kenya has estimated that 50 per cent of structures in Nairobi are not up to code.

The president expects a full investigation into the developers and anyone else involved in the approval of the collapsed building's construction, Esipisu said.

One of the victims in Sunday's building collapse died on arrival at the hospital, and a child's body was retrieved from the rubble in the lower-income Huruma area, Nairobi police chief Benson Kibue said. Rescuers saved 38 people, he said, and the military assisted in the search for survivors.

Eight residents of the building still cannot be found, said Kenya Red Cross official Nick Thiongo. THE ASSOCIATED PRESS

Error

- The upper floors were being built in quick succession, putting pressure on the lower floors, said Nairobi County Chief Planner Tom Odongo.

Netflix. VPN users being blocked, report suggests

Netflix says it hasn't changed its policy on users who try to access content licensed for streaming in other countries.

The policy is that users shouldn't be doing it.

It's widely known that Canadian Netflix users can access TV shows and movies licensed for the American market by using a free or subscription-based online service.

The popular tools mask a user's true location and trick Netflix — or other websites — into believing the user is actually somewhere else in the world, where different content is available to stream.

A news story on Torrent-Freak.com suggested that Netflix has recently begun cracking down on those location-altering services.

Netflix declined an interview request but released a statement saying it hasn't changed its policies on restricting access to content based on geography.

"Virtually crossing borders



Online news reports suggest Netflix has begun cracking down on subscribers using location-altering services. THE ASSOCIATED PRESS

to use Netflix is a violation of our terms of use because of content licensing restrictions. We employ industry standard measures to prevent this kind of use. There (haven't) been any recent changes to the Netflix VPN policy or terms of use," reads the statement.

A telephone poll with 2,002 anglophone Canadians commissioned last spring by the Media Technology Monitor found about 32 per cent of the respondents were Netflix subscribers.

About one in three of the Netflix users said they had figured out how to access content meant for U.S. subscribers.

The Media Technology Monitor poll was conducted by Forum Research between March 18 and April 19 of last year. The results are considered accurate within 2.2 percentage points 19 times out of 20.

THE CANADIAN PRESS

Netflix users in Canada

32%

A survey last spring found about 32 per cent of Canadian respondents were Netflix subscribers and one in three said they had figured out how to access content meant for U.S. subscribers.

Market Minute

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CES previews smart-home gadgets for Internet of Things

BeeWi wirelessly controlled lights are on display at CES Unveiled, a media preview event for the four-day CES International in Las Vegas that opens to the public Tuesday. The smart-home concept is known in tech circles as the Internet of Things. Current iterations primarily include our ability to control gadgets such as lights and security alarms or view data remotely through a smartphone app. At the gadget show in Las Vegas, manufacturers will promote more devices and functionality. Some gadgets will be able to talk directly with one another, not just to an app. JOHN LOCHER/THE ASSOCIATED PRESS

Report looks at the sunnier side of falling crude prices

Against the trend.

Drop threatens bottom lines of oil-producing provinces and federal government, many other experts say

Perhaps an era of cheap crude won't be so bad for Canada after all.

A Royal Bank of Canada report released Monday argues the financial blows of low oil prices on the Canadian economy could be more than cancelled out by the weaker loonie and additional consumer spending on both sides of the Canada-U.S. border.

Weakening oil sector

"Our current Canadian forecast assumes that both consumers and exporters will ... slightly more than offset the expected weakening in oil-sector investment."

Royal Bank of Canada report

celled out by the weaker loonie and additional consumer spending on both sides of the Canada-U.S. border.

Many other expert assessments have projected low crude prices to be a net negative for Canada.

The bank analysis pointed to a combined effect of three

"offsetting positive outcomes" from low-priced crude: a boost for the U.S. economy; the lower Canadian dollar's benefit to exporters selling to the stronger U.S. market, and more spending by Canadians thanks to cheaper fuel.

The RBC report said lower oil prices will have significant impacts on government budgets in oil-producing provinces. But it argues these provinces — Alberta, Saskatchewan and Newfoundland and Labrador — have seen big increases in revenues from price increases in recent years, putting them on relatively strong footing to absorb the shocks of a prolonged decline.

Other provinces, meanwhile, are seeing benefits from the low crude prices in the form of cheap gasoline and the falling loonie, which is creating a better climate for their manufacturers and exporters. THE CANADIAN PRESS



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VOICES

A DRIVE TO LIVE

Toronto-area man Mark Watkin lost his daughter Sarah to cancer a few months ago after doctors were unable to find a full match for a bone-marrow transplant. While the family is still coming to terms with their loss, Watkin shares why he believes swabbing drives are so important:

MARK WATKIN
readers@metronews.ca

"I love you bigger than forever and the moon and the stars in the sky. I'll be dreaming about you all night and all day and I'll be missing you every second until I see you again in the morning."

These are the good-night words I used to say with Sarah every night before bed, and now I say them to myself hoping that they reach her somehow.

Oct. 1, 2012, Sarah was a beautiful five-year-old girl with her whole life ahead of her. Her favourite colours were pink and purple because pink was mom's favourite colour and purple was dad's. She wanted us to know she loved us both equally. She had a little sister, Elizabeth, whom she just adored and who adored her. She loved to ride her bike and had just learned to rollerblade. She had a smile that we knew would one day break hearts. She was our first child, a miracle from our love for each other. Oct. 1 was the day our lives would change forever.

I remember being at Sick Kids and feeling relieved that they were going to figure out what was wrong with Sarah and make her all better. But then a young doctor came to us and told us that Sarah had cancer. Her life just flashed before our eyes. We wanted to take her and run, but there was

nowhere to go. We found out that Sarah had AML, an aggressive type of blood cancer. Her treatment would be long and intense. She would be in the hospital for about six months. Her prognosis was 50/50 — just a flip of a coin.

We fought the disease with chemotherapy, but a year after her diagnosis we were told a bone-marrow transplant was our only hope.

There was no match for Sarah on the national registry, OneMatch. Her new brother, Matthew, also was not a match, and neither was her sister Elizabeth. Our last chance was a half match from a parent, and in February she received a bone-marrow transplant from her mom.

We prayed every second of the day that she would pull through this. We knew that the odds weren't in our favour, and less than six months after the transplant, Sarah relapsed. Now there was nothing we could do to save her. Sarah was dying. Her prognosis: weeks to months, maybe. How was this happening? What are we going to do? How can we save her? How can we let her go?

We had a new fight on our hands. How do we give Sarah a whole life in just weeks to months? We went to Disney World. We did indoor sky diving and riding on the back of motorcycles. We spent a lot of time at the cottage. We went to Casa Loma



Mark Watkin and his late daughter Sarah. FACEBOOK

dressed as princesses and had high tea. We had a lion cub come to the house and went to a zoo where Sarah pet an adult tiger. We tried to bring her as much joy as we could.

On Nov. 2, 2014, Sarah died in our arms at home in our bed, surrounded by love.

Swabbing Drives. Through our time at Sick Kids, we realized that we needed to do something to help all these children on the cancer floor. We started a Facebook page called Sarah's Drive for Hope. It was to encourage people to donate blood, and get on the bone-marrow list so people

could find their matches if their lives ever turned to tragedy like ours. It was a page of hope for others also fighting cancer. It was amazing; people from around the world began emailing our family with letters of appreciation of how Sarah's life taught them to be better people and some even to be better parents. We also realized that the bone-marrow donation age was 17-35, perfect for high-school students. We began calling local schools, and almost half of the region's schools ran successful swabbing drives. Sarah tried to attend many of them as we spoke to students

about how important getting on the registry could be and how easy it was: just a simple swab in your mouth. In the coming months we learned that four matches were found through Sarah's drives, and those people donated their stem cells. Someone out there now had hope.

The Future. We are trying to learn who our family is without Sarah. It's a struggle to move forward, and often we feel like it's one step forward and two steps back. We are enjoying learning who our other children are and seeing them thrive. We love seeing the smiles on their faces when they play with each other and we wish Sarah was here with us to enjoy them, too. Elizabeth asks to see Sarah all the time, but how do you explain what's happened when we barely understand ourselves?

What we do know is that swabbing drives *must* continue. There are so many people looking for a bone-marrow match, hoping for a chance at life. In the coming months, our family plans to complete an entire school district and swab at EVERY high school in York Region in the spring. The challenge is on. If you know a principal or teacher and want to do something good, contact Sarah's Drive for Hope or OneMatch to find out how to run a simple swabbing drive and save lives.

We will miss Sarah forever and a day.

'Like giving someone a second chance at life'



Stem-cell donor Danny Ho.
DAVID VAN DYKE/METRO



GILBERT NGABO
Metro in Toronto

Danny Ho's decision to be a stem-cell donor was prompted by a story he read a few years ago.

It was the story of a British man suffering from leukemia who was in his dying moments. His sister, who was identified as a perfect match, would not agree to donate her bone marrow to save his life.

"I couldn't believe it," said Ho, 27, who works as an education assistant for autistic children at Buttonville Public School. "I have two sisters. That story made me think that if one of them needed help, I would definitely donate stem cells to her."

Ho put his name up at OneMatch Stem Cell and Marrow Network, a specific division at Canadian Blood Services that recruits donors and

matches them with patients that need help with stem cells.

He went through various tests with the registry to make sure he was medically fit and fully committed to donate. On June 12, 2013, he spent about six hours at Princess Margaret Hospital, where his stem-cell donation was taken.

"It feels like giving someone a second chance at life," he said. "When I signed up, I knew I could be donating to somebody else, not necessarily my family member, so it's good for the patient and their family, too."

Ho is a perfect example of the demographic currently targeted by the OneMatch registry drive as potential donors.

MaryLynn Pride, transplant liaison specialist at OneMatch Stem Cell and Marrow Network, says there's currently an emphasis on recruiting donors from diverse back-

grounds.

"What we know from scientific research is that patients have a better chance at finding matches from donors within their diverse communities, particularly young males between the ages of 17 and 35," said Pride. "It really is about community giving back to community. We are mainly looking at the quality of the donors and what the demand is from patients."

On average, donors can wait as long as five years before finding a patient they match with.

"We need to increase the number of donors on the registry because the need for stem-cell transplants is huge and has been on the increase every year," said Pride.

"We're always trying to provide the highest quality possible of donors and we do know that those are young males from diverse background."

Understanding the need

- At any given time, close to 1,000 Canadians are waiting for a stem-cell match.
- Today, only 25 per cent of patients who need stem-cell transplants are able to find a match within their family.
- There are some 340,000 potential donors registered with OneMatch, three-quarters of whom are male.
- The process to donate stem cells can only begin when a match has been identified.
- You can help by joining Canadian Blood Services' OneMatch Stem Cell and Marrow Network.
- In honour of Sarah's life, Metro is holding a swab drive for our staff.

Gossip

NED EHRBAR

METRO'S TAKE ON
THE WORLD OF
CELEBRITIES



Jennifer Aniston ALL PHOTOS: GETTY IMAGES

Aniston has Brad new attitude as she eyes Golden Globe prize

How do we know Jennifer Aniston is taking her bid for awards season glory seriously?

She's entertaining questions about ex-husband Brad Pitt.

Aniston is currently on the campaign trail for her Golden Globe-nominated performance in the indie drama Cake, and the rules of Hollywood state that you've got to play ball if you want a serious shot at some trophies. So Aniston sat down with CBS Sunday Morning, where reporter Lee

Cowan used the age-old trick of asking about how annoying it is when people ask about something as a ploy to ask about that thing without looking like you're actually asking about it. Sneaky, that one.

"The fact that it still follows you around — I mean, I'm divorced. It's got to be painful. I mean, I don't like when people bring it up. But people still do, right?" Cowan asked. And by people, he means himself, who just brought it up.

But Aniston is a pro: "I don't find it painful, though. I think it's a narrative that follows you because it's an interesting headline. It's more of a media-driven topic," Aniston responded.

And speaking of media-driven, Cowan — who clearly can't take a hint — followed that up with, "You guys still talk? You friends?" And kudos to Aniston for not rolling her eyes or just straight up punching him before replying. We'll see if the gambit pays off.

Boxer schools Prince in the birds and the Biebs



It might be time to start worrying about Michael Jackson's eldest, Prince Jackson, who becomes a legal adult next month. And if Page Six is to be believed, he's already living a pretty adult life — including clubbing, juggling girlfriends and being generally bratty — thanks to a friendship with noted role models Justin Bieber and Floyd Mayweather, who "has been offering a lot of advice to Prince, including about women," a source says.

Prince Jackson with his grandmother Katherine

Mayweather is also supposedly behind recording sessions for a planned "major recording album" by Bieber and Jackson. That's right, a major recording album. Who knows, maybe it will lead to a significant performing tour or something.

Anyway, if you really want to start using rage instead of coffee for a pick-me-up, enjoy these details on the spending habits of 17-year-old Jackson, who receives a \$66,000 monthly allowance from his dad's estate. "He's looking at high-end cars like a Mercedes Maybach, a Rolls-Royce and Range Rovers, and he's buying expensive jewelry," the source says. Ah, to be young.

Matt Damon is a Patriot kind of Super Bowl guy

Good news, Patriots fans. Your team is going all the way this year. Because Matt Damon says so.

Damon was returning to Los Angeles this weekend when paparazzi stopped him at the airport to get his opinion on the current NFL season.

"Patriots are going all the way," he tells a TMZ cameraman. "I think there's a lot of good competition out there, but I'm a big believer in the Patriots."

So there you go.



Matt Damon



Ashton Kutcher and Mila Kunis

Kutcher, Kutcher, koo! Ashton, Mila kid you knot

New parents Ashton Kutcher and Mila Kunis got tabloid rumour-mongers worked up into a frenzy on New Year's Eve with a photo message on Kutcher's Facebook page with warm wishes from "the Kutchers," sparking speculation that they'd already secretly tied the knot. But don't worry, you didn't miss anything. Sources tell Radar Online that they "have not gotten married yet" and the

big day won't be happening until the summer.

"Ashton loves fooling people, and because they handle their own publicity, they are totally aware of how to manipulate the press," a source explains. "If they did get married, they are lying to a lot of people close to them about it."

I mean, that's not out of the realm of possibility, though, right?

Romeo beats out his dad for best-dressed Beckham

This must be pretty embarrassing. David Beckham landed on GQ's "50 best dressed men in Britain 2015" list, as expected — but he didn't rank nearly as high as 12-year-old son Romeo Beckham. David slipped in at No. 46, just behind Tom Hardy (and I'll wait a minute while your brain has fun with that sentence). But Romeo, oh Romeo, was ranked 25th.



David Beckham

Not too shabby for a tween, but then having a couple of Burberry campaigns under your wing doesn't hurt. The top spot went to Theory of Everything star Eddie Redmayne, with Benedict Cumberbatch in second, Fifty Shades of Grey star Jamie Dornan third and Arctic Monkeys frontman Alex Turner fifth.



Dana Williams performs regularly and is in the process of completing her second EP. RICHARD CORMAN

Artist making waves with jazzy take on folk music

Music. Meet the singer who made you cry in Apple's holiday commercial

If you own a television, chances are you caught Apple's emotional, new commercial over the holidays.

The ad, formally known as The Song, was perhaps the most tear-jerking, talked-about TV spot of the season.

The commercial opens up on a young woman who stumbles upon an old recording her grandmother made decades earlier — a love song for her husband who was away at war.

From there, the granddaughter uses a mix of Apple magic and her own stunning vocals to remaster the romantic tune (the classic Our Love Is Here to Stay). The ad closes with the teary-eyed grandma hearing the duet for the first time. The granddaughter, it turns out, is played by upcom-

A family affair

I really was inspired by my father, and just watching him on stage and rehearsing and writing music. I've been doing music my whole life.

Dana Williams
Singer-songwriter

ing singer-songwriter Dana Williams. With a bluesy, vintage-sounding voice, Williams is getting used to fans and the media alike referring to her as the new Ella Fitzgerald.

"I would say (my style) is like soul-folk," Williams tells Metro. "I have a very jazzy voice, but my own music is very folk."

The 25-year-old artist's Apple ad isn't her first TV appearance. You may remember Williams as a contestant on the first season of ABC's Rising Star.

After dazzling both the judges and viewers with her Bil-

lie Holiday-style voice, Williams went on to release her first EP back in March (an independent album called The Lonely One).

No stranger to the business, Williams actually grew up watching her father, David Williams, play rhythm guitar for Michael Jackson.

"I really was inspired by my father, and just watching him on stage and rehearsing and writing music," says Williams, who also plays guitar. "I've been doing music my whole life."

Today the Los Angeles-based musician keeps busy with her popular YouTube channel, which showcases duets with artists like actress Leighton Meester.

Since the Apple commercial came out, Williams says life has definitely changed.

"A lot of people have reached out to me, and a lot of people are acknowledging my music now, which is great," she says. "(It's) everything I could have hoped for as an independent musician."

METRO NEWS IN NEW YORK CITY

Shera Domestic Short Hair

Six-year-old Shera appears to have a reserved personality but is in fact curious about everything on the adoption floor, especially people. She is a keen observer and not much escapes her attentive eyes. She enjoys visits, especially when they include a gentle, loving head scratch. We suspect Shera would prefer a quieter environment. She is a lovely, calm, peaceful angel and would make a great companion for someone looking for a feline who was a bit lower-key than a kitten. **Shera is waiting to meet you, so please stop by the shelter today.**



For more information on **Shera** and other adoptable furry friends, visit www.pas.spcans.ca or contact the Nova Scotia SPCA Provincial Animal Shelter at 902-468-7877 or info@pas.spcans.ca

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METRO IS A PROUD SUPPORTER OF ADOPT AN ANIMAL WITH THE SPCA

Two tunes that ignite our optimism for a rockin' new year and a solid single plucked from Broken Social Scene's outtake archives



SOUND CHECK
Alan Cross
scene@metronews.ca



Vitamin / Milk Teeth

Another song that gives me hope that heavy guitar rock will return in 2015. This grungy Veruca Salt-ish band from Bristol will release a debut EP called Sad Sack on Jan. 26.



Horus / God Damn

More guitar hope. If you can get past their blasphemous name, you'll be rewarded with some heavy crunch from a two-piece act from the Black Country of England that's half Nirvana, half Queens of the Stone Age.



Golden Facelift / Broken Social Scene

OK, so it's a leftover from the sessions that resulted in Forgiveness Rock Record in 2010 that BSS just got around to releasing, but that doesn't mean it's not any good. In fact, I think it's as strong as anything they've done.

Cheers to a natural 2015

The Canadian Health Food Association's holistic nutritionist Michelle Book takes us through the top trends that health retailers, suppliers and health experts are buzzing about this year

IZABELA SZYDLO life@metronews.ca

Oils with fancy fats

Avocado oil is about to get a lot more attention. Avocados are touted for their healthy fats, but the extracted oil is rich in monounsaturated fats and vitamin E, which are crucial for healthy, radiant skin. Refined avocado oil is also excellent for

cooking or sautéing. Another trendy oil is camelina, which is rich in mono- and polyunsaturated fats with a high proportion of heart-healthy omega-3s (as high as 45 per cent!). It is an oil-seed prized for its nutty and fresh taste, healthy properties and heat-resistant traits. Natural antioxidants, including Vitamin E, give camelina oil a longer shelf life than olive or other oils. It is excellent on salads and drizzled on grilled veggies. Other oils to keep an eye on include flaxseed and walnut oil.



Digestive health

When we have the right balance of good to bad gut bacteria it helps protect our gut lining, keeping it strong and reducing our chances of intestinal permeability (known as leaky gut). Leaky gut means bacterial toxins are passing into our body, which can lead to inflammation linked to weight gain, obesity and mental health issues. Many people think they are getting probiotics from yogurt, but only those that have "live and active cultures" on the label actually contain probiotics and, unfortunately, even when you eat this yogurt it is difficult to know exactly the quality, quantity and type you are consuming. Taking probiotics in a supplement form is the best way to ensure that you are getting enough and the correct strain for your individual health needs.



Pumpkin

Pumpkin has flown under the radar for a long time, but new studies are now linking it to heightened prostate and urinary tract health. Pumpkin seeds are rich in B vitamins, vitamin E, zinc and essential fatty acids. Pumpkin flesh is rich in nutrients including beta-carotene, a precursor to vitamin A, crucial for healthy

reproduction, immune system health and vision. The great thing about pumpkin is there are so many ways, beyond pumpkin pie, to use it. Mixing pumpkin oil and balsamic vinegar makes vinaigrette for salads, and pumpkin seeds are the perfect salad topper. Pumpkin is also becoming a great breakfast food, adding flavour to pancakes, waffles or smoothies while delivering an extra nutritional boost.



GMO labelling

GMO (genetically modified organisms) is a process that tinkers with the genetic material (DNA) to enhance specific traits. Most often, these are crops like corn, soy and canola, which are used in many processed food products. In plant species, these traits can include pesticide or pest resistance, drought resistance or nutri-

ent level enhancement. In 2015 we predict the demand for GMO labelling will continue to increase. In more than 60 countries, including Australia, Japan and all of the countries in the European Union, there are restrictions or outright bans on the production and sale of GMOs. In Canada, we are seeing an increase in consumers demanding to know where their food comes from and whether it has been genetically modified. It's still to be seen how this will impact legislation, but many companies are rising to identify their products as GMO-free.



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3
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This year, eat better by hitting the sauce

Theresa's tips

How to pick the best bottled condiments



NUTRI-BITES
Theresa Albert
DHN, RNC
myfriendinfood.com

Once upon a time we touted Europeans as folks who eat better because they cook from scratch. It's still true that they generally eat better than North Americans, but they don't have any more time than we do to get meals on the table. They simply demand top quality prepared foods and put them together seamlessly, healthfully and beautifully.

Among those prepared foods are cooking sauces, which have seen huge growth worldwide. Salsas, pickles and fermented products are cropping up in all sorts of flavours and new combos. It is worth search-

ing for jars full of nourishing ingredients rather than being duped by marketing labels such as "gluten free" and "GMO free." While both can be important considerations, they don't trump a list of fillers over real food. Look for:

- fruits or vegetables as a first ingredient;
- items that nutritionally enhance your, erm, bad habits (For instance, use sun-dried tomatoes to top otherwise nutrition-free pizza);
- items containing Greek yogurt for protein;
- ways to incorporate beans in any fashion;
- foods that have active probiotic cultures.

These days, home cooking often means "home mixing of jarred and canned goods to create something of a home-cooked meal." And that's OK, as long as the items are wholesome and best in class.

Look for prepared foods containing Greek yogurt for added protein. ISTOCK

Simple Salmon. Open some salsa and a tub of Greek yogurt for an easy weeknight meal

FLASH FOOD



From your fridge to your table in 30 minutes or less

You want a lean, healthy, omega-3-loaded, simple two-step meal ready only 20 minutes after you come in the door? Of course you do! It's still January and your commitment to eat better is just as valid as it ever was. For this recipe, all you need is salsa, Greek yogurt, salmon and asparagus plus an oven or toaster oven and you're good.

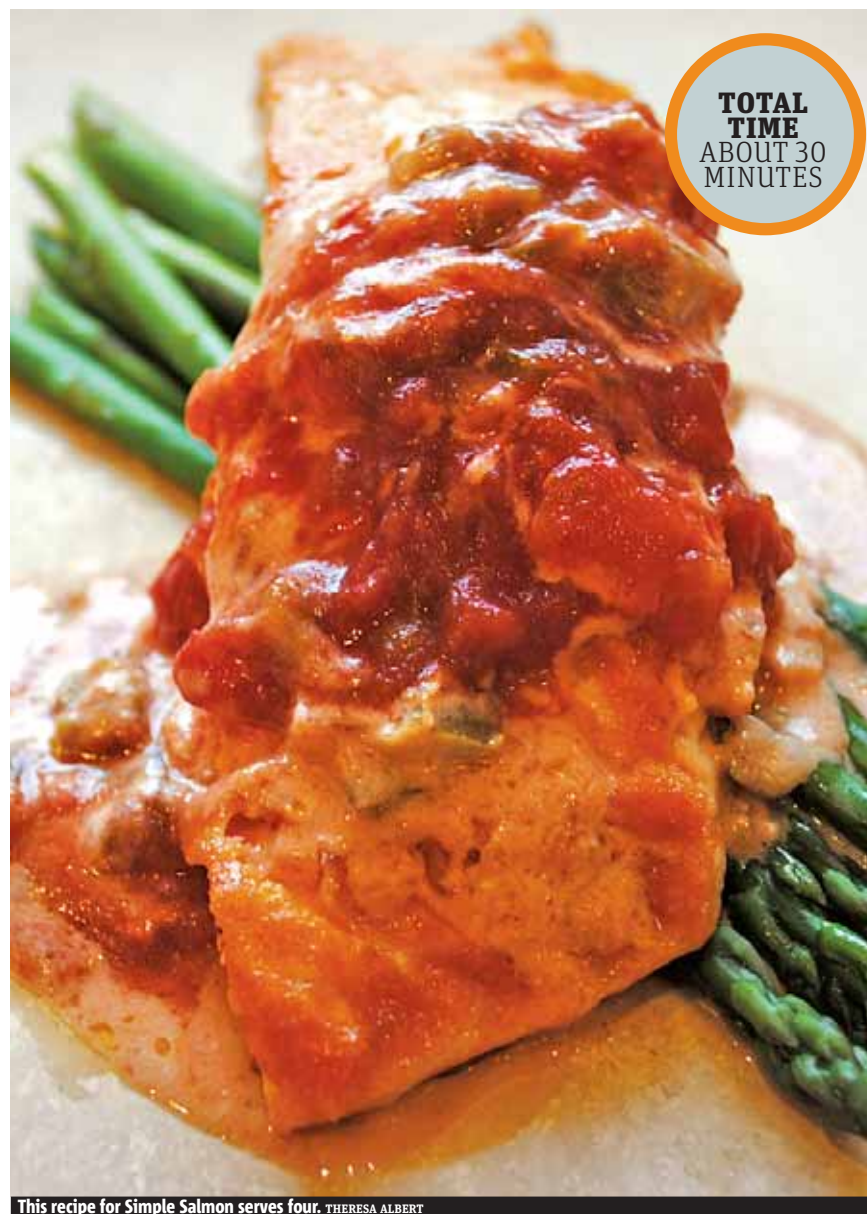
Directions

1. Preheat oven to 400 F. Rinse asparagus and chop off any woody ends. Lay on a baking sheet, sprinkle with oil and roll to coat. Sprinkle with sea salt if desired. Place into oven on top shelf and bake asparagus until browned to your liking (5-15 minutes).

2. Place salmon in a baking dish large enough so the fillets don't touch. Mix together salsa and Greek yogurt. Spread onto

Ingredients

- 1 bunch asparagus
- 1 tsp extra-virgin olive oil
- 4 pieces fillet of salmon
- 1/2 cup salsa (any flavour, but I used PC black bean and corn salsa)
- 1/2 cup Greek yogurt



TOTAL TIME
ABOUT 30 MINUTES

This recipe for Simple Salmon serves four. THERESA ALBERT

the salmon and place uncovered in oven. Bake for 10-15 minutes depending upon the

thickness of your salmon.

THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND TORONTO PER-

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Connor McDavid breaks away from Dmitri Yudin and Ziat Paigin to put Canada up 3-1 in the second period on Monday night in Toronto. Canada went up 5-1 but had to cling to the lead as the Russians roared back to fall just short, losing 5-4. STEVE RUSSELL/TORSTAR NEWS SERVICE

Canada outpaces Russia to win final

World juniors. Home team claws its way to narrow victory in championship game

Canada's gold-medal drought at the world junior championship is over, but the final step wasn't easy.

After building a four-goal lead, Canada held on through a thrilling and nerve-racking third period to beat Russia 5-4 on Monday night at Air Canada Centre and capture the nation's first gold in the tournament since 2009.

Canada scored on its first shift, chased Russia's starting goaltender less than three minutes in and ignited the red-and-white-filled crowd of 19,014 that began to celebrate in the second period. When Russia chipped away, Canada's veteran bunch found its first trouble of the tournament but survived to avoid what would've been one of the more memorable collapses in history.

Gold-medal game

5

Canada

4

Russia

- Hockey Canada has expressed its commitment to Montreal as a co-host city for the 2017 world juniors despite attendance concerns at this year's tournament.
- Hockey Canada president and CEO Tom Renney said

the organization was "deeply committed" to Montreal even as the IIHF said it would keep all options open for the tournament two years from now.

- Toronto is set to host Canada's preliminary-round games and Montreal the knockout round in 2017, flipping from this year.
- Several thousand empty seats for Canadian games at the Bell Centre drew some criticism.

Anthony Duclair, Nick Paul, Connor McDavid, Max Domi and Sam Reinhart scored for Canada to build the lead, which at its height was 5-1. Dmitri Yudin, Ivan Barbashev, Sergey Tolchinsky and Nikolai Goldobin scored for Russia, which wasted little time chipping away.

Zach Fucile finished with 26 saves, enough to get the job done with Canada clinging to a

5-4 lead. His two biggest saves may have come with 12 and four seconds left as Russia was playing with an extra attacker.

Russia's Ilya Shestyorkin got the hook after giving up two goals on the only two shots he faced. Backup Ilya Sorokin came in and allowed three goals on 19 shots.

The gold medal is Canada's 16th since the tournament began in 1977.

Prime Minister Stephen Harper was in attendance for what felt like more than just a hockey game. The tense rivalry dates to the 1972 Summit Series. The last time these teams met for world junior gold, Canada blew a 3-0 third-period lead and lost 5-3 in Buffalo, N.Y., in 2011.

"They have such a skilled program," Canadian captain Curtis Lazar said of the Russians. "They know how to put the puck in the net with their firepower and they love spoiling Canada's parade and beating them every which way."

Russia tried to beat Canada up the second the puck dropped at centre ice. Pavel Buchnevich and Domi had been jostling before the face-off, and Buchnevich decked Domi the instant he could.

But Domi turned down the ice and at the 23-second mark fed Duclair for the game's first goal on Canada's first shot. Not long after, 2:32 in, Brayden Petri found Paul driving to the net, and it was 2-0 Canada on just two shots.

THE CANADIAN PRESS

Proving his worth

McDavid delivers on biggest stage

When Connor McDavid broke a bone in his right hand in November, the injury cast doubt on him playing for Canada at the world junior championship. The can't-miss generational talent has erased any doubt about his return to brilliance.

McDavid progressed from Canada's opener against Slovakia on Boxing Day to Monday night's gold-medal showdown with Russia, along the way showing off his talent on the world stage.

"He's got that progression since Day 1 of training camp," coach Benoit Groulx said before Monday's final. "He's got to make his comeback at the world junior championship, which is a world of difference between our league or the playoffs; it's not even close."

"You have the best players in the world, the game goes 100 miles an hour, and it's quite an adjustment. I really feel Connor has been better and better every day."

McDavid was held without a point Dec. 26 but had three goals and eight assists over his next six games, putting him among the tournament's leading scorers. THE CANADIAN PRESS

4 SPORTS

NHL. Price deflects credit for Canadiens' hot streak

Carey Price picked up two more honours Monday and, as usual, gave the credit to his red-hot teammates.

The 27-year-old was named the Montreal Canadiens player of the month for December (he has swept that award in all three months this season) and was the NHL's third star of the week Monday for a 3-0-0 performance in which he allowed only four goals.

Montreal has won six straight, the last five coming on the road, and nine of its last 10. In that span, the Canadiens have outscored their opponents 34-13.

Price started nine of the games while Dustin Tokarski earned a 2-1 shootout win in Florida on Dec. 30. In short, Montreal is on a winning streak led by its goaltending.

"I get a lot of credit for the success that the team gets, when in reality, it's a collective effort," said Price. "I just kind of reap the benefit of that."

The streak has put Montreal (26-11-2) atop the Eastern Conference heading into a home game Tuesday night



Canadiens goaltender Carey Price
BRUCE BENNETT/GETTY IMAGES

against their closest rival, the Tampa Bay Lightning. The Bolts (25-12-4) are tied with the Canadiens with 54 points, but have played two more games.

Price is tied for fourth overall with a .929 save percentage and is fifth with a 2.14 goal-against average this season.

"We have two good goalies, but Carey has been there when we needed him and shut the door when we needed him," said defenceman P.K. Subban. "You need that to go deep in the playoffs." **THE CANADIAN PRESS**

FU Cup

Gerrard boots Reds past Wimbledon

Steven Gerrard began his Liverpool farewell tour by scoring twice to give his club a surprisingly hard-fought 2-1 win over fourth-tier Wimbledon on Monday.

Playing in his first game since announcing he will leave the club at the end of the season, Liverpool's longtime captain curled in a trademark free kick in the 62nd minute to secure the win. **THE ASSOCIATED PRESS**

Tennis

Serena perks up for comeback win

Feeling lethargic and jetlagged, Serena Williams decided a coffee might perk her up after losing her first set 6-0 at the Hopman Cup.

It did the trick. Williams recovered to beat Flavia Pennetta 0-6, 6-3, 6-0 on a sweltering day in Perth. She later teamed with John Isner to win a mixed doubles match in the international mixed team competition.

THE ASSOCIATED PRESS

Herd trade Lussier for third-round pick

QMJHL. Mooseheads GM says moves are not part of a 'fire sale'



KRISTEN LIPSCOMBE
kristen.lipscombe@metronews.ca

The Halifax Mooseheads have made another move, just in time for the mid-season trade deadline.

The Herd announced Monday they've traded 20-year-old defenceman Jesse Lussier to the Chicoutimi Saguenéens for a third-round pick at the 2015 QMJHL Entry Draft. The selection originally belonged to the Sherbrooke Phoenix.

"He's going to a team that is making some moves to try to get a little bit older, so it will be good for him," said general manager Cam Russell.

"It will be good for him; it will be good for us."

The Mooseheads are focused on developing younger players, as seen in their other recent trade, announced Dec. 19, which saw 2013 Memorial Cup champions goaltender Zachary Fucale, 19, and defenceman Matt Murphy, 19, join the Quebec Remparts.

Halifax also gave up its fifth-round selection in the draft to Quebec, but in return received 19-year-old netminder Eric Brassard, as well as rights to first- and third-round picks in the 2016 draft, and first- and second-round selections in the 2018 draft.

"We're trying to give more ice time to our younger hockey players," Russell said. "It makes sense in that regard."

Russell still doesn't call it a rebuilding season.

"We're by no means having a fire sale," he said. "We've made a couple of moves ... that are going to help us for the fu-



The Mooseheads traded 20-year-old defenceman Jesse Lussier to the Chicoutimi Saguenéens for a 2015 third-round draft pick. JEFF HARPER/METRO

Quoted

"Part of our goal is to make sure that we give the fans a good team to watch, an exciting team to watch, and we feel we've done that with the players we still have."

Mooseheads general manager Cam Russell

ture of the hockey team, but at the same time, we've still kept a good core of skilled and good hockey players together."

Lussier joined the Mooseheads just prior to the 2013-14 season as a free agent.

The Petawawa, Ont., na-

tive has three goals and nine assists for 12 points, along with 26 penalty minutes, in 24 games this season. He had four goals and 27 assists for 31 points, along with 70 penalty minutes, in 83 games played during his two seasons with

the Mooseheads.

"There's definitely nothing easy about it," Russell said of saying goodbye to three Herd veterans. "They're a big part of our hockey team, they have been for a while, and they're going to be missed."

The Moose may not be finished "tinkering" with their roster, he added, which could mean they take another overage player before winter trade period wraps up Tuesday.

"That's something that we'll discuss."

The trade deadline is set for 1 p.m. Tuesday.

Danny Moynihan named QMJHL's first star of month

Seventeen points in nine games isn't too shabby.

The QMJHL knows that, which is why the league has recognized Halifax Mooseheads centre Danny Moynihan for notching six goals and 11 assists in December.

Moynihan, 19, was named

the first star of the month on Monday. The Windham, N.H., native also had a plus-5 rating last month, collecting two or more points in five of nine games played.

Moynihan has 65 points, including 27 goals and 38 points, in 103 games played in his two seasons with the

Herd. That also includes nine goals and 17 assists for 26 points this season.

Sherbrooke Phoenix forward Cameron Darcy is the league's second star of the month, while defenceman Ryan Graves of the Quebec Remparts received third star honours. **METRO**



Danny Moynihan CONTRIBUTED

TOP
SIX@6

Weeknights at 6 Kat counts down the HOTTEST songs of the day

- 6 Hadley
Pocket Full of Dreams
- 5 Selena Gomez
The Heart Wants What it Wants
- 4 Sam Smith
I'm Not The Only One
- 3 Mark Ronson ft Bruno Mars
Uptown Funk
- 2 Meghan Trainor
Lips Are Movin
- 1 Nick Jonas
Jealous

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AUGMENTED REALITY

Stuck on 12 Across?
Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.



→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

Aries

March 21 - April 20

Serious thoughts should be shoved to the back of your mind today. This is not a time to focus on money or career matters, this is a time to indulge in life's lighter side.

Taurus

April 21 - May 21

If you can afford the time and money this is a good time to take a vacation.

Gemini

May 22 - June 21

You will find yourself at odds with someone in a position of authority today and you may have no choice but to back down, even though you believe you are in the right.

Cancer

June 22 - July 23

You need to stay on your toes both physically and mentally, because unexpected events will test you to the limit.

Leo

July 24 - Aug. 23

Dealing with other people's problems will take up a large slice of your time today and while it may be a bore it will also put you in the good books of people whose help you may need in the future.

Virgo

Aug. 24 - Sept. 23

You need to get tough with someone who seems to delight in placing obstacles in your path. Let them know that if they can't be a team player then there is no point in their hanging around.

Libra

Sept. 24 - Oct. 23

What is right for other people won't necessarily be right for you today, so don't follow their example just because you think it is expected of you.

Scorpio

Oct. 24 - Nov. 22

It does not matter what level you are on at this moment, you are very much on the up. So keep climbing.

Sagittarius

Nov. 23 - Dec. 21

Don't let other people's complaints and criticisms get to you today. You may look confident on the outside but a worm of doubt is burrowing its way into your mind and your rivals will play on that if you give them the chance.

Capricorn

Dec. 22 - Jan. 20

You may be in a positive mood at the moment but one particular person desperately needs cheering up. Whatever it is that is wrong help them see it is of no real consequence.

Aquarius

Jan. 21 - Feb. 19

Anyone who tries to tell you what to do today will soon be wishing they had kept out of your way.

Pisces

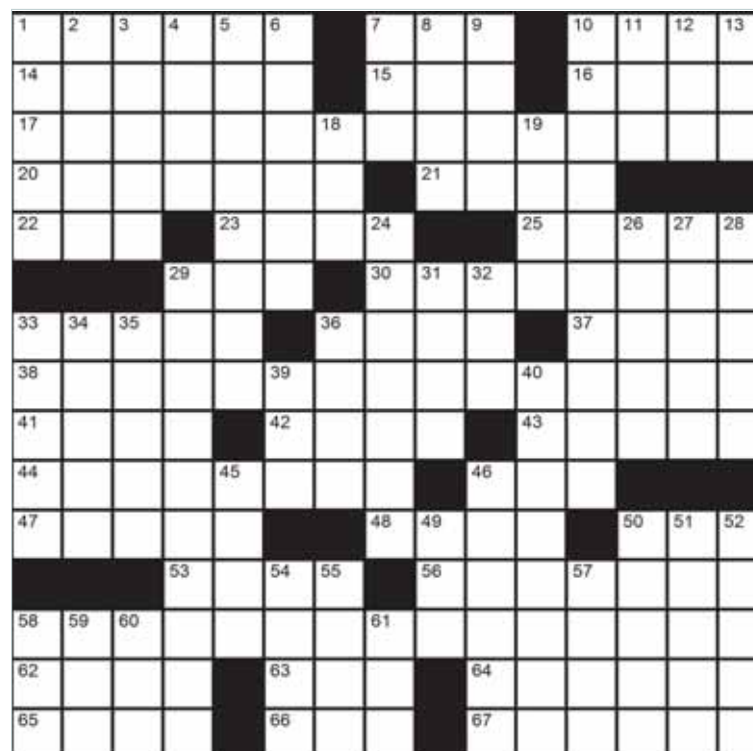
Feb. 20 - March 20

Mixed signals are likely today and you could find yourself laughing when others expected you to be sad.

Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

1. Geeks
7. Gird
10. Canadian singer/songwriter Steven
14. Imp
15. Q. "Is 'B' the first letter?" A. "___" is.
16. Van Halen drummer
17. 1887 novel in which Sherlock Holmes makes his debut: 4 wds.
20. Dough prepper
21. Arctic seabird
22. Dawn goddess
23. Invitation letters
25. Flees
29. 15th Prime Minister's monogram
30. Saskatchewan town
33. Stars, in Latin
36. Be in harmony
37. Person being taken for granted
38. Coaches puller, as per #29-Down: 2 wds.
41. Hagar The Horrible's daughter
42. Jazz vocalist Ms. Anderson
43. Ms. Gilpin's of "Frasier"
44. Katniss ___ (Jennifer Lawrence role)
46. Lucy's hair hue
47. Make the score even again
48. Actor Will
50. Clothing size choices
53. 'Within'-meaning



prefix

56. Superstate in Nineteen Eighty-Four
58. Whistler Blackcomb and Mont-Tremblant: 2 wds.
62. Casino game
63. High deg.
64. ___ of luck
65. Dr. Cristina ___

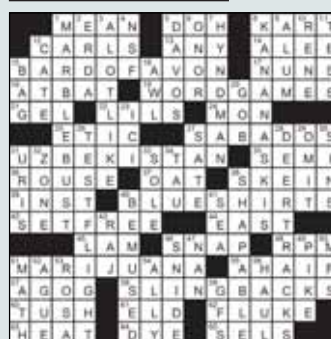
- (Canadian actress Sandra Oh's role from "Grey's Anatomy")
 66. Ascertain
 67. Multi-___ (One doing it all)
- Down**
1. Sir Francis ___ (16th-century English explorer)

2. "Hey! That ___ accident!"
3. Actor Rob
4. S. Amer. country
5. Nightmare: 2 wds.
6. Most cunning
7. Ms. Jillian
8. Katharine of "The Graduate" (1967)
9. The ___ (Cabaret

- style theatre in Charlottetown)
10. Partook in the activity at #58-Down
11. ___-inclusive
12. "Gosh!"
13. Office tel. line
18. Mr. Berlin, briefly
19. Canberra's country, curly

24. Setting a dollar amount
26. Group ruled by Odin
27. Rome's coin-collecting fountain
28. Daggers
29. ___ Central Railway (Operating vintage train attraction in Winnipeg)
31. Hautbois
32. Theological sch.
33. Peter of '60s pop duo Peter and Gordon
34. Kitchen appliance
35. Dogma
36. "By __, I think she's got it!"
39. Whopper
40. The Merry Widow, for one
45. Athapaskan-speaking people of the Northwest Territories
46. Put new actors in roles
49. Geological period
50. Fish of brackish waters
51. Whale type
52. Popular printer
54. Cook's li'l quantities
55. Prince album: 'Sign ' ___ Times'
57. Affectations
58. ___ diving
59. Mauna ___ (Hawaiian volcano)
60. Lodge
61. Chemical suffix

Yesterday's Crossword



Online

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Conceptis Sudoku by Dave Green

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



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